

Dr. C. Premanand

Orthopaedic Surgeon

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Professional Summary

Orthopaedic Surgeon with 17+ years of experience in trauma, arthroscopy, spine surgeries, and joint replacements. Skilled in surgical management, clinical assessments, teaching, and academic research. Recognized for strong faculty expertise, case study research, and contributions to national and international conferences.

Professional Experience

Senior Consultant – Orthopaedic Surgery

Rex Ortho Hospital, Coimbatore, India | June 2008 – Present

- Clinical Responsibilities:
- Managed Out-Patient Department: assessment, diagnosis, medical management, physiotherapy referrals, and documentation.
- Conducted inpatient ward rounds, supervised registrars and DNB students, and prepared discharge summaries.
- Performed a wide range of surgeries: polytrauma, arthroscopic surgeries, spine surgeries, and joint replacements.
- Actively engaged in case study research and advanced orthopaedic interventions.
- Academic Responsibilities:
- Conducted bedside clinical training for DNB students, junior registrars, and physiotherapy interns.
- Organized seminars, journal clubs, and guest lectures to update knowledge in orthopaedics and traumatology.
- Mentored postgraduate students in research and case presentations.

Education

M.Ch (Orthopaedics) – University of Seychelles, 2012

D.Ortho – Sri Ramachandra University, Chennai, 2008

M.D. (Physician) – Kuban Medical Academy, Krasnodar, Russia, 2001

Research & Publications

Analysis of results of surgical treatment of post-traumatic stiff elbow, Indian Journal of Orthopaedics, 2008.

A rare case of multiple joint dislocations and its treatment, Journal of Tamil Nadu Orthopaedic Association, 2010.

Inverted 'V' osteotomy excision arthroplasty for bony ankylosed elbows, Journal of Orthopaedic Surgery & Research, 2011.

Research Title: A prospective study on functional and radiological outcomes in comminuted distal radius fractures treated by ligamentotaxis using external fixator with/without Kirschner wire fixation.

Workshops & Continuing Education

- SCORE (Sri Ramachandra Continuing Orthopaedic Revision Education), 2006 & 2007
- AO Basic Course, Coimbatore, 2007
- Ranawat Orthopaedic Conference on Knee, Cochin, 2010
- Cadaveric Workshop on Knee Arthroscopy, 2012
- Cadaveric Workshop on Advanced Shoulder Arthroscopy, 2013
- Cadaveric Workshop on Spinal Surgeries, 2013
- Cadaveric Workshop on Advanced Knee Arthroscopy, 2014

Core Skills

- Orthopaedic Trauma Management
- Arthroscopic & Spine Surgeries
- Joint Replacement Procedures
- Musculoskeletal Assessment & Diagnosis
- Emergency Orthopaedic Interventions
- Academic Mentorship & Teaching
- Research & Case Study Analysis
- Use of Orthotics & Prosthetics

Personal Details

Date of Birth: 20 April 1976

Nationality: Indian

References

Dr. C. Rex, Chief Orthopaedic Surgeon, Rex Ortho Hospital, Coimbatore – +91 98947 90910

Dr. Manohar, Chief Plastic Surgeon, KMCH Hospital, Coimbatore – +91 98430 21776