

**Dr. NISHAANTH.R**

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To enhance my knowledge and capabilities by working in a dynamic organization that prides itself in giving substantial responsibility to a new talent.

**July 2022 to present date****WORK EXPERIENCE**

Junior consultant at REX ORTHO hospital, Coimbatore.

**May 2019- 2022:**

Residency in MS Orthopaedics - Yenepoya Medical College, Mangalore.

**April 2017 – March 2018**

Designation: Intern, Govt Theni Medical College, Theni, Tamilnadu.

**EDUCATIONAL QUALIFICATIONS**

Course	Name of the Institution	University or Examining Body	Result	Year of Passing
M.S	Yenepoya medical college and research institute	Deemed to be university	70%	May,2022
MBBS	Government Theni Medical College, Theni, Tamilnadu	The Tamilnadu Dr.MGR medical university	71%	March,2018
P.U.C.	Bharathi vidhyalaya matriculation higher secondary school, Gobi, Erode, Tamilnadu	State Board – Tamilnadu	96.66%	2012
S.S.L.C	Bharathi vidhyalaya matriculation higher secondary school, Gobi, Erode, Tamilnadu	State Board - Tamilnadu	95.8%	2010

**PERSONAL DETAILS**

Date of Birth 2 June 1994

Gender Male

Languages Known

English, Tamil, Kannada, Malayalam, Tulu.

Nationality

Indian

### **Oral paper and Posters presented:**

- 1) A study of clinic radiological profile of patients with spinal ligament ossification in fluorosis endemic areas. 45<sup>th</sup> State conference of Karnataka Orthopaedic Association “KOACON 2021” held on 30 & 31<sup>st</sup> July at Hassan, under guidance of Dr Janardhana Aithala.
- 2) Disabilities following spinal ligament ossification in fluorosis endemic areas – A Descriptive study. 66<sup>th</sup> Annual conference of Indian Orthopaedic association held at Dr. Shyama Prasad Mukherjee indoor stadium, Goa, India from 21<sup>st</sup> – 25<sup>th</sup> December 2021, under guidance of Dr Janardhana Aithala.
- 3) Expandable endoprosthesis limb sparing surgery for distal femur osteosarcoma in a 4 year old child – Case report. 19<sup>th</sup> Annual conference of Orthopaedic Association of South Indian states held on 27- 29 November 2020, under guidance of Dr Abhishek Shetty.
- 4) A correlation between lumbar canal dimensions as measured in MRI and clinical severity in lumbar canal stenosis. ASSICON 2022, Patna, under guidance of Dr Janardhana Aithala.
- 5) Functional outcome of olecranon fractures managed by tension band wiring thesis study under guidance of Dr Janardhana Aithala.
- 6) Radial head fractures and its management – A systematic review, under guidance of Dr Ravindra Mohan Shenoy.
- 7) “Unstable coronoid fractures – Alacarte approach in terrible triad protocol”, Gold medal paper presentation, TNOACON February 2023, Chennai.
- 8) “Surgical treatment of bony ankylosed elbow with modified resection arthroplasty”, Gold medal paper TNOA Prof C. Vyageswaradhu, TNOACON February 2024, Erode.
- 9) Surgical treatment of bony ankylosed elbow with modified resection arthroplasty “, paper presentation at IOACON 2024, December, Bangalore.
- 10) How to achieve stability by curtail approach on column specific fixation of proximal tibia fractures in a swollen leg. TNOACON February 2025, Cuddalore.

### **Publications :**

- 1) Outcome of limb salvage surgery in sarcomas around knee with mega endoprosthetic reconstruction. International Journal of Orthopedics Sciences. November 2020;6/(4):516-518.
- 2) Adductor canal block compared with periarticular bupivacaine injection for total knee arthroplasty – A prospective randomized trial. International Journal of Orthopedics Sciences. June 2021;7/(2):749-751.
- 3) Minimally invasive plate osteosynthesis versus open reduction and internal fixation in the management of tibial plateau fractures with locking compression plate. International Journal of Orthopedics Sciences. September 2021;7/(3):645-649.
- 4) Syndesmotic diastasis and its relation to the functional outcome in ankle fractures. International Journal of Orthopedics Sciences. September 2021;7/(3):661-670 .
- 5) Predictors of long term survival after hip fractures- A 5 year results of a retrospective study. International journal of health and clinical research (IJHCR) Vol 4 No.22, 306-310.
- 6) Is lateral ligament complex repair necessary in all unstable elbow injuries with coronoid fractures ? A comparative study: A case series , Volume 6 January 2024, JOJS.

### **Additional completed courses/ Training:**

- 1) BASIC COURSE IN BIOMEDICAL RESEARCH (BCBR) CONDUCTED BY ICMR
- 2) Completed cognitive and skill evaluation in accordance with ACLS and BLS course.

- 3) Ganga trauma course June 2024, Coimbatore.
- 4) TRAUMACON 2025 , 7<sup>th</sup> to 10<sup>th</sup> August 2025, MUMBAI.

#### **Workshop Attended:**

- 1) WORKSHOP SIMULATION IN TRAUMA TRAUMA-SIM 2019 AT NITTE K.S.HEGDE MEDICAL ACADEMY ON 31<sup>ST</sup> JULY 2019
- 2) ORTHOSIM WAR WORKSHOP CONDUCTED IN THE YENEPLOYA INSTITUTE ON MARCH 8<sup>TH</sup> 2020.
- 3) ATTENDED AS DELEGATE IN “ *NEW TECHNIQUES IN SPINE SURGERIES*”- *A HANDS ON WORKSHOP FOR POST GRADUATES* AT KASTURBA MEDICAL COLLEGE, MANIPAL HELD ON NOVEMBER 28, 2021.
- 4) BASIC COURSE IN BIOMEDICAL RESEARCH (BCBR) CONDUCTED BY ICMR
- 5) 11<sup>TH</sup> Dr M SUDHAKAR SHETTY MEMORIAL 39<sup>TH</sup> MANGALORE ORTHOPAEDIC COURSE AT K.S.HEGDE MEDICAL ACADEMY HELD ON FEBRUARY 18<sup>TH</sup>, 19<sup>TH</sup> & 20<sup>TH</sup> , 2022.
- 6) ROAC (REX ORTHO ARTHROPLASTY CONFERENCE) held at Coimbatore on 2023, 2024 & 2025.

#### **Personal strengths :**

EXCELLENT COMMUNICATION SKILLS

QUICK LEARNER

GOOD KNOWLEDGE OF CLINICAL PRACTICE AND PROTOCOLS

FLEXIBLE AND ADAPTABLE

MOTIVATED TOWARDS CAREER

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I, Nishaanth R hereby declare the above-mentioned details are written with sincere honesty and will assure you my hard work in order to improve the credentials of your organization.